

Community Softball Coach Clinic – 1.5 Day Schedule

| Time | Content | Time | Where | Who |
|-----------------------|------------------------------------|------|-------|-----|
| Friday Evening | | | | |
| 6:30-6:40 | Registration & Introduction | 10 | Class | |
| 6:40-6:50 | Setting the Scene | 10 | Class | |
| 6:50-7:00 | Participants and their Sport Needs | 10 | Class | |
| 7:00-7:20 | EAP & Safety | 20 | Class | |
| 7:20-7:30 | Task of a Community Coach | 10 | Class | |
| 7:30-7:40 | Break | | | |
| 7:40-9:40 | Fundamental Softball Skills | 120 | Gym | |
| 9:40-9:50 | Homework | 10 | Class | |
| | | | | |

| Time | Content | Time | Where | Who |
|-----------------|--|------|-------|-----|
| Saturday | | | | |
| 9:00-10:00 | Practice Planning | 60 | Class | |
| 10:05-10:35 | Fundamental Softball Skills | 30 | Gym | |
| 10:40-11:40 | Basic Strategy | 60 | Class | |
| 11:40-12:10 | LUNCH | 30 | Class | |
| 12:10-1:10 | Rules & Competition Organization | 60 | Class | |
| 1:10-3:40 | Practice Coaching Session, Drills, Positional Play | 150 | Gym | |
| | | | | |

To save time & repetition – for homework (the coaches Practice Coaching Session) – choose skills for the coaches to teach, so you don't have to in the Fundamental Skills area or Positional Play area. i.e.

- Catching – ready position (no one on & runner on)
- Catching – giving signals
- Catching – throw to 2B
- Catching – blocking the ball
- Catching – tagging runner
- Catching – pop ups
- Base running – leaving a base – rolling start
- Base running – leaving a base – track start
- Base running – rounding
- Base running – run through
- Base running - signals
- Retreat slide to base (not in technical manual)