



# 5 SESSIONS PITCHING CLINIC



Softball Saskatchewan is implementing Softball Canada’s new National Pitching Program, the CANpitch program! It was created to provide a nationally standardized curriculum based on Softball Canada’s Long-Term Player Development (LTPD) framework to introduce and develop the skill of windmill pitching to players. This program is designed for the FUNdamentals stage, the Learning To Train stage, and the Training To Train stage. **Please note: we are offering this clinic to 8-16 year olds.**

The program will run in **Spiritwood** on the following Saturdays: March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>, 2012, from 11:00am – 4:00pm. Please note there are **5 different 1 hour sessions, therefore the player will be assigned a 1 hour session during that time slot.** You will have the same time each week. Groups will be between 5-7 players per instructor.

**Instructors: Katherine Guenther** – has played softball for 13 years and has attended numerous Provincial, Western and Canadian Championships. She was on the 2003 Western Canada Summer Games team, and her Junior ladies team has won Gold at 3 Canadian Championships, and won Gold twice at the Canadian University National Championship for the University of Saskatchewan Lady Saxon team. Katherine has also won Top Pitching, Top Batting, and All-Star awards at both Canadians & University Championships. You can see Katherine in action in the ladies league for Saskatoon Outlaws.

Please remember to bring: a person to catch for you that isn’t in the clinic, clean indoor shoes, ball glove; filled water bottle (no soft drinks please). An indoor ball will be provided for you to use.

**A confirmation letter will be sent out after the registration deadline with group time and location. For faster response please include your email address on the registration form.**

Registration Fee for the 5 sessions is \$70.00 (non-refundable) made payable to Softball Sask. with a completely filled out registration form. For more information – please contact Jacqueline or Nicole at the Softball Saskatchewan office @ 780-9235 or [info@softball.sk.ca](mailto:info@softball.sk.ca) Registration will only be upon payment. **Everyone must pre-register through the office.**

Please Fill out the following form and send it in with your registration fee of \$70.00 (non-refundable).

Spiritwood \_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Please circle what year you were born in: 2003    2002    2001    2000    1999    1998    1997    1996    1995

Have you ever pitched before? \_\_\_\_\_ How many years? \_\_\_\_\_ Have you taken any pitching clinics before, if yes which one (ie. CANpitch)? \_\_\_\_\_

NAME: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ Town/City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: H) \_\_\_\_\_ W) \_\_\_\_\_ Email: \_\_\_\_\_

BIRTHDATE: day \_\_\_\_\_ month \_\_\_\_\_ year \_\_\_\_\_ Medical Concerns: \_\_\_\_\_

**Return by February 20<sup>th</sup>, 2012 to:**      **Softball Saskatchewan  
Pitching Clinic  
2205 Victoria Ave. Regina, SK., S4P 0S4**